



Administrative Safeguards

- Do you have a designated HIPAA Compliance Officer?
- Are all employees trained in HIPAA compliance annually?
- Is there a documented risk assessment process in place?
- Do you have a written policy for handling PHI (Protected Health Information)?
- Are all access controls reviewed and updated regularly?

Technical Safeguards

- Are all devices encrypted and secured?
- Do you enforce multi-factor authentication (MFA) for system access?
- Is PHI access logged and regularly reviewed?
- Are there measures in place to detect and respond to unauthorized access?
- Is there a secure email system for PHI transmission?

Physical Safeguards

- Are servers and workstations in a restricted-access location?
- Do you have procedures for lost or stolen devices?
- Are workstation screens automatically locked after inactivity?
- Are security cameras in place for monitoring facility access?
- Is there a process for securely disposing of old hardware?

Breach Notification & Incident Response

- Do you have a documented incident response plan?
- Are all employees aware of the process for reporting security incidents?
- Is PHI breach detection monitored in real-time?
- Are breach notifications sent to affected parties in compliance with HIPAA regulations?
- Is a record of all security incidents maintained?

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Business Associate Agreements (BAA)

- Do you have BAAs with all third-party vendors handling PHI?
- Are BAAs reviewed and updated regularly?
- Do vendors undergo security audits?
- Is vendor compliance monitored for potential risks?
- Are procedures in place to terminate relationships with non-compliant vendors?

About Cheshire Technologies

Cheshire Technologies specializes in IT management, cybersecurity, and compliance solutions. We help businesses ensure secure operations by aligning with industry standards like HIPAA. For a free consultation or more information, reach out to us at:

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