

### **Network Security**

- Do you have a firewall and endpoint protection in place?
- Are all security patches and software updates applied regularly?
- Do you enforce network segmentation to minimize attack surfaces?
- Are wireless networks secured and monitored for unauthorized access?
- Is there an intrusion detection and prevention system (IDPS) in place?

### **User Training & Access Control**

- Have employees undergone cybersecurity awareness training?
- Is multi-factor authentication (MFA) implemented for system access?
- Are role-based access controls (RBAC) used to restrict sensitive data access?
- Do you have policies for handling and securing passwords?
- Are employee accounts deactivated immediately upon termination?

### **Backup & Disaster Recovery**

- Is data backed up regularly, both on-site and in the cloud?
- Do you have a documented disaster recovery and business continuity plan?
- Are backups tested periodically for data integrity and restoration?
- Do you have policies to protect against ransomware attacks?
- Is there an alternative failover system in case of a major security incident?



### **Business Associate Agreements (BAA)**

- Do you have BAAs with all third-party vendors handling PHI?
- Are BAAs reviewed and updated regularly?
- Do vendors undergo security audits?
- Is vendor compliance monitored for potential risks?
- Are procedures in place to terminate relationships with non-compliant vendors?

### **About Cheshire Technologies**

Cheshire Technologies specializes in IT management, cybersecurity, and compliance solutions. We help businesses secure their IT infrastructure against cyber threats and ensure operational resilience. For a free consultation or more information, reach out to us at:

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